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Prostate Cancer. Essential Concepts For Survival



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Synopsis

The Goal Prostate Cancer Essential Concepts for Survival distills 30 years of the author’s experience as a medical oncologist specializing in prostate cancer while working with thousands of men with this disease. Within "Essential Concepts", eight crucial concepts linked to optimal outcome are presented and illustrated. The reader is able to discuss these with his medical team and incorporate them into a refined strategy to beat this disease. The ContentsWithin this eBook are 32 color graphics, 7 tables, over 150 peer-reviewed citations, a comprehensive medical glossary and links to valuable resources. Warning to Readers! This book contains crucial concepts in the evaluation and management of prostate cancer that are commonly ignored by many physicians involved in the care of men with this disease. This book is therefore intended for empowered patients and family who wish to be at the highest level of understanding prostate cancer, and whose goals are to survive this illness with the longest quantity of life and the best quality of life.Stephen B. Strum, MD, FACPAshland, OregonFebruary 2013

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Customer Reviews

I was diagnosed with PCa in 2003 and thankfully through another PC sufferer became aware of Dr Strum. His breadth and depth of knowledge of PCa is exceptional and probably 2nd to none. His book "A Primer on Prostate Cancer" was the most enlightening and complete book on PCa I have ever read and I have read a few. His message of patients empowerment through research and self learning about PCa is probably one of the most powerful tools a patient can grasp. Another message he trumpets loud and clear to MD's and patients alike is "treating ones complete body" I recall him emailing me once saying that "it is no good if we get on top of your PCa but then you die of some other illness"!!! The whole of your body is interconnected.The medical community the world over would be a far more efficient, effective and caring community if it adopted Dr Strum's philosophy of being a caring MD (Medical Detective).This book and his "A Primer on Prostate Cancer" are both must reads for anyone; patient, family/friends, the medical fraternity connected or concern about Prostate Cancer.

Dr. Strum understands the patient and prostate cancer. The book is a must read for any one with prostate cancer.Understanding the cancer and how as a patient you can be enlightened.By working with all the facts biology your status and the doctor your outcome can be much better. Dr. Strum uses charts and illustrations with easy to understand concepts for the lay person. This is an excellent book. Read it. Your life will change. You will understand. The book is an easy read. Your future can be better.

An excellent resource for those facing therapy for prostate cancer. A detailed logical approach is laid out - including thinking that is not part of the typical course of evaluation/diagnosis and therapy.Relatively easy read by most - though the author would have been better off if a professional copy editor had been part of the team that created this book.

One of the most exciting and interesting statements in Stephen Strum's latest book:"I see a future when men with early prostate cancer and a low tumor volume might be treated with a combination of two or more oral agents, and due to a much higher understanding of the AR, and an awareness of the issues detailed in Figure 23, we might be able to spare men the need for any invasive therapy of prostate cancer."This is really an informative book! Of course, the above statement does not pertain to my husband, but there is so much great information about some of the new drugs like Zytiga, Xtandi, and others in the works. It gets really detailed on exactly how these drugs work, with lots of charts included (very hard to read with Kindle) which explain things in a clearer way for the

patient to understand.Great information on the importance of PSA nadir and testosterone levels in regards to prognosis.Worth the read! The only drawback is trying to enlarge the charts and graphs to read them clearly, but I don’t have 20/20 vision. :)It is only available on Kindle but if you don’t own a Kindle you can download "Kindle For PC."

Strum is one of the deepest thinkers on prostate cancer but his concepts take some careful reading and there were times when I wish he was astound so I could ask him questions. Be prepared for some unusual concepts and recommendations.

Excellent and Necessary reading for anyone in any way affected by prostate cancer. Written in an extremely logical manner by an extremely talented and caring physician-scientist-human being.

Way to advanced to be completely understood. More directed to the medical student than the patient.Will look for other books by Dr strum

The text is fine, except the unreadable diagrams are lost to the reader. Therefore, I can’t really evaluate with out the hard copy or a pdf file downloaded to a computer.

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